FLOURISH

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YEAR ONE GOALS

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THE WORD

SESSION ONE GOALS

- To help mentees grasp the significance of having a consistent quiet time with Jesus and being rooted in the Word.
- To help mentees see the beautiful promises connected to being in the Word and hiding it in their hearts.
- Offering tools mentees can use to create the habit of spending time in the Word.
- Establish how to bring accountability with each mentee and provide suggestions for how to pursue a daily habit of being in the Word.

SESSION ONE TOPIC QUESTIONS:

- How do you think your life will practically change with the commitment to being in the Word daily?
- What scripture has stood out the most and influenced your desire to daily spend time with Him?
- If you're not in a habit of daily spending time with Jesus in Word, what needs to change in order for this to become a habit?

PRAYER

SESSION TWO GOALS

- To build a consistent habit of being in Prayer with Jesus.
- To see in The Word the significance of being a prayer warrior.
- To have greater understanding of the impact and power of prayer for the lives of others they pray for and their own.

SESSION TWO TOPIC QUESTIONS:

- What is the greatest challenge for you with the call to Pray without ceasing?
- How can you begin to weave this consistency of prayer into your life daily?
- Do you believe that certain things that would not happen will happen if you pray?
- {We will be sending a link your way for a video from John Piper on Prayer for you and your mentee to watch.}
- What is the greatest prayer request on your heart right now?

IDENTITY

SESSION THREE GOALS

- To become well established in the Truth of who we are in Christ
- To grasp the importance of knowing what God says about their identity in order to protect from the lies of the enemy, others' hurtful words, and how that will determine the direction of their days, weeks, lives.

SESSION THREE TOPIC QUESTIONS:

- What are some lies you've believed about your identity?
- What do you feel will be the hardest lie to overcome in regard to who you truly are in Christ?
- What truth have you found in God's word to replace those lies?
- How can you begin to uproot the lies and build on truth? (memorize a verse/passage of scripture, prayer, accountability)

CALLING

SESSION FOUR GOALS

- To align their lives with true Calling: they are called to follow Jesus.
- To be able to come under the Love Jesus has for them and trust His perfect plan and timing.
- To see the magnitude of how important it is to first align themselves with their true calling, to follow Jesus, and how that will ultimately lead them to better live out other expressions of calling in their lives through passions, gifts and skills, work, life goals.

SESSION FOUR QUESTIONS:

- What have you believed about your calling up to this point in your life?
- How is God changing your perspective on your calling through the His Word?
- Your true calling is to follow Jesus. If that is your first and greatest priority, how do you think that will influence all other areas of life you feel called to live out? (through work, passions, gifts, and goals)

KINSHIP

SESSION FIVE GOALS

- Lean into Jesus and His heart for our relationships and identify how He instructs us to conduct ourselves in relationship with others.
- To gain deeper understanding of these truths so that our lives reflect His heart in all our relationships and how that can change our day to day interactions with all people in our lives.

SESSION FIVE TOPIC QUESTIONS:

- How would you gauge the health of your relationships currently? With your friends? In your marriage or relationship with significant other (if applicable)? With family? At work?
- How do you see Jesus and His Word changing your heart for the relationships you currently find yourself in?
- How can having a heart like Jesus transform some of your more difficult relationships?
- What's the biggest challenge and change you know God is asking you to pursue in your current relationships?

GRATITUDE

Session Six Goals

- To develop a continual heart of expressing Thanks by focusing first on Jesus -- who He is and what He's done for us. Because in Him are more than enough reasons to give thanks.
- To see the impact on our everyday lives when we choose to cultivate an intentional heart of Thanksgiving that is not dependent on circumstances but rather on truth.

Session Six Topic Questions:

- How often do you find yourself turning to Thanksgiving first and being intentional about cultivating a life of thanks and gratitude?
- Which do you find yourself focusing on more frequently in your everyday life -- the positives or negatives of the circumstances you find yourself in?
- How do you see the commitment to living a life of thanks impacting your heart over time?
- Are you willing to begin making a list of things you are grateful for right now?