

# FIND A MENTOR

*A Flourish mentoring relationship is not about finding someone who has all the answers — it's about walking with someone who will point you to the One who does.*

We're so glad you found Flourish and desire to be in a mentoring relationship. So now you need a mentor! We are asked often by mentees HOW to go about finding a mentor to be a part of the Flourish journey with you. We've gathered together a few ideas and thoughts that may help you in this process.



## WHAT IS A MENTOR?

A Flourish mentor is a woman who loves Jesus, has walked with Him through different seasons of life, and is willing to come alongside you to encourage, challenge, and pray for you as you grow in your faith.

A mentor is not perfect. She is not primarily your life coach, counselor, or problem solver (although she may operate in all these ways from time to time). Rather her primary role is to be a spiritual mentor. Someone who will listen, share wisdom from God's Word, and help you see God's faithfulness in your own story.

# HOW DO I FIND A MENTOR?

Finding a mentor can feel intimidating, but it often starts with prayer and intentionality. Here are a few steps to help you begin:

1. **Pray.**

Ask God to lead you to a woman who is a little further along in her walk with Jesus, someone you trust and admire.

2. **Look Around.**

Mentors are often already in your life — in your church, small group, serving team, or community. Who is someone you respect for their faith and character?

3. **Ask with Courage and Clarity.**

Be clear about what you're asking. You might say:

*"Would you consider walking with me as a mentor through the Flourish journey for the next year? I'd love to meet monthly, go through Scripture together, and learn from your walk with Jesus."*

4. **Trust God's Timing.**

If someone says no, trust that God is still writing your story. Keep praying and seeking His direction.

## WHAT IF I DON'T KNOW ANYONE?

If you're not sure where to begin, we encourage you to get involved in a **local Christian community** that teaches the Bible and follows Jesus. This might look like joining a church that believes in the authority of Scripture, serves in the name of Jesus, and helps people grow in their personal relationship with Him.

You can also look for a **Bible study group in your college campus or neighborhood**, or join a **small group of women studying God's Word together**. These communities are beautiful places to connect with women from different life stages who are seeking to know and follow Jesus more deeply—just like you.

The heart of Flourish is about pursuing spiritual growth through the truth of God's Word and the encouragement of Christ-centered relationships. And remember, even if you're in a season where you don't yet have a mentor, you can still begin this journey. The Flourish book can be used as a personal devotional, and God, through His Holy Spirit, is your ultimate guide and faithful mentor.

